



# SAIKAT DAS

## CURRICULUM VITAE

### About Me

Energetic and dedicated Physical Education graduate with a passion for promoting health and fitness among students. Seeking an entry-level position as a Physical Education Teacher where I can apply my academic knowledge, coaching skills, and enthusiasm for sports to inspire and motivate students to lead active lifestyles.



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Jadabnagar Aiho,  
Dist - Malda, Pin: 732121

### Language

- English
- Hindi
- Nepali
- Bengali

### Expertise

- Coaching
- Training
- Organization
- Safety
- Motivation
- Leadership

### PERSONAL DETAILS

Father's name: **Gobinda Ch Das**  
Mother's name: **Krishna Das**  
Sex: **Male**  
Date of Birth: **26/12/1999**  
Religion: **Hindu**  
Nationality: **Indian**  
Marital status: **Unmarried**

### Education

Class 10th,(2016): Aiho High School Malda (56%)

H.S Class 12th (2018): Aiho High school Malda (78.5)

B.A (2021): Charu Chandra College Kolkata (62.76)

B.P.Ed (2024): Model B.P.Ed College, Jalpaiguri  
Board: NBU

### Sports Achievements

- Merit Certificate holder in the State Badminton Championship.
- East Zone participant in the prestigious regional badminton competition.

### Additional Qualifications

- 6-Month Computer Course

### Skills

- Strong knowledge of physical education theories and practices.
- Ability to design and implement fitness and sports programs.
- Excellent communication and motivational skills.
- Knowledge of health and safety regulations in sports.
- Proficient in basic computer applications and software.

### Extracurricular Activities

- Professional badminton player and coaching.
- Excellent knowledge of training techniques and fitness plans for badminton players.
- Proven ability to work well with students and players of all skill levels.